St Joseph's PE Long Term Plan

Year A/B

2025/2026 - We are following Year A

Lesson plans

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	
Autumn 1	Me & Myself	Football	Hockey	Football	Hockey	Football	Hockey	A
		Handball	Tag-Rugby	Handball	Tag-Rugby	Handball	Tag-Rugby	B
Autumn 2	Movement & Development	Gymnastics 1	Gymnastics 1	Gymnastics 1	Gymnastics 1	Gymnastics 1	Gymnastics 1	A
		Golf	Dodgeball	Golf	Dodgeball	Golf	Dodgeball	B
Spring 1	Throwing and Catching	Dance	Dance	Dance	Dance	Dance	Dance	A
		Volleyball	Badminton	Volleyball	Badminton	Volleyball	Badminton	B
Spring 2	Ball Skills	Orienteering	Orienteering	Orienteering	Orienteering	Orienteering	Orienteering	A
		Gymnastics 2	Gymnastics 2	Gymnastics 2	Gymnastics 2	Gymnastics 2	Gymnastics 2	B
Summer 1	Fun & Games	Fitness	Tennis	Fitness	Tennis	Fitness	Tennis	A
		Netball	Basketball	Netball	Basketball	Netball	Basketball	B
Summer 2	Working with Others	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	A
		Rounders	Cricket	Rounders	Cricket	Rounders	Cricket	B

pe planning